

# BLUE OCEAN BAR & GRILL

## ALL DAY MENU

### THE FIRST HOLE-ALL DAY BREAKFAST

Choice of sausage or bacon, eggs, hashbrowns, toast **\$19**

### SHARE PLATES

**Chicken Wings - GF** **\$20**  
Choice of: buffalo hot, salt & pepper, teriyaki. Served with blue cheese or ranch dip, carrot & celery sticks

**Cheesy Loaded Taco Fries - GF** **\$12.5**  
Crosscut fries tossed in taco seasoning, jalapeno queso sauce, salsa, pickled jalapenos, sour cream.  
Add grilled/crispy chicken + \$6  
Add ground beef + \$4.5

**Avocado Bruschetta - V** **\$12.5**  
Smashed avocado, balsamic drizzle, parmesan cheese. Served with grilled Naan

**Pork Spring Rolls - DF** **\$12.5**  
5 pcs seasoned ground pork, carrots, onion, garlic, hand wrapped in-house, sweet chili sauce

**Yam Fries - V, GF** **\$9.5**  
Fried and tossed in our in-house chipotle salt blend. Served with house made chipotle mayo

**Poutine** **\$13**  
Crispy fries with cheese curds, gravy and green onions

**Hummus - V** **\$12.5**  
Hummus topped with olive oil and pistachio dukkha, served with grilled naan bread and veggie sticks

### SALADS

**Blue Ocean Salad - GF, V** **\$17**  
Mixed greens, toasted almonds, feta cheese, dried cranberries, tomato, cucumber. Tossed in Italian vinaigrette

**Caesar Salad - GF** **\$17**  
Romaine lettuce with house made Caesar dressing, bacon bits, and croutons, parmesan cheese

**Add to any salad:**  
garlic toast +2.5, tofu +3  
grilled chicken +6, sauteed prawns +7

### SOUPS

**Blue Ocean Clam Chowder**  
New England style **bowl \$11 | cup \$8**  
with garlic bread

**Soup du Jour** **bowl \$9 | cup \$6**  
with garlic bread

### HANDHELDS

served with soup, salad or fries  
Sub: Caesar salad or yam fries +2 taco fries +4

**Breakfast Brioche** **\$17**  
Fried egg, bacon, cheddar cheese, shredded romaine, pickled red onion, and sweet onion aioli on a brioche bun

**Chicken Caesar Wrap** **\$15.5**  
Sliced chicken strips, romaine, bacon, parmesan cheese, Caesar dressing, 12-inch tortilla wrap.  
Choice of grilled or crispy chicken

**Blue Ocean Burger** **\$19.5**  
6 oz beef patty, cheddar cheese, shredded romaine, onion, tomato, and house burger sauce on a brioche bun  
add bacon +2

**Lamb Wrap** **\$17**  
House made lamb sausage, garlic toum, sumac onions, tomatoes, yoghurt, fries, wrapped in grilled pita

**Smash Burger** **\$18.5**  
Two 3oz smashed beef patties, Swiss cheese, shaved red onions, house made bacon jam, mustard on a brioche bun

**Choripan** **\$17**  
Grilled Spanish pork chorizo, house made chimichurri, sliced tomatoes, Swiss cheese on ciabatta bread

**Chicken Club Burger** **\$18**  
Grilled 4oz chicken breast, bacon, lettuce, tomato, Swiss cheese, avocado, garlic aioli on a brioche bun

**\*Prime Rib Dinner: 6oz \$42.5 | 8oz \$46.5**  
AAA Alberta Prime Rib, Yorkshire pudding, creamy mashed potato, seasonal vegetables, gravy, horseradish sauce

\*PRIME RIB DINNER EVERY 2<sup>ND</sup> FRIDAY NIGHT STARTING APRIL 3<sup>RD</sup> 5PM – 7PM

DF—Dairy Free    GF – gluten-friendly option    V – vegetarian