

# BLUE OCEAN BAR & GRILL

## LUNCH & DINNER MENU



### SOUPS

*served with toasted garlic bread*

**Chef's Daily Creation** bowl \$8 | cup \$6

### SALADS

**Mixed Green Salad** **GF** \$14  
*mixed greens, dried cranberries, sunflower seeds, asiago with house vinaigrette dressing*  
*+add Grilled Chicken or Salmon | \$4 ea*

**West Coast Caesar Salad** \$18  
*~Our Signature Salad~ romaine lettuce, caesar dressing topped with seared tiger prawns, scallops, bacon, tomato, candied walnuts, avocado, croutons, asiago*

### SHARE PLATES

**Chicken Wings** **GF** \$15  
*deep fried to perfection; choice of hot, honey garlic, bbq or salt & pepper*

**Calamari** \$15  
*house battered served crispy with tzatziki*

**Yam Fries** **GF** full \$8 | half \$5  
*wedge cut yam fries with house made chipotle aioli*

**French Fries** **GF** full \$5 | half \$3  
*house cut kennebec fries*  
*+add Gravy | \$1.50*

### PASTAS

*served with toasted garlic bread*

**Macaroni and Cheese** \$14  
*creamy béchamel with white cheddar topped with asiago and gremolata*

**Tiger Prawn Linguini** \$16  
*tiger prawns in creamy alfredo sauce, topped with herbs and asiago*

### FLAT BREAD

**Chicken and Brie** \$16  
*sautéed mushroom, caramelized onion with grilled chicken, brie, balsamic reduction*

**Pear and Gorgonzola** \$14  
*caramelized pear, gorgonzola, caramelized onion, balsamic reduction*

### KIDS MENU

*\$8 each*

**Chicken Fingers and Fries**  
*plum sauce*

**All Beef Hot Dog and Fries**

**Mini Hamburger and Fries**

**Macaroni and Cheese**

### HANDHELDS

*served with soup, salad or fries*

**Blue Ocean Signature Burger** \$15  
*house made beef patty, house burger sauce, red onion, lettuce, tomato on a brioche bun*

*+add Bacon, Cheddar, or Sautéed Mushrooms | \$1.50 ea*

**"Beyond Meat" Burger** \$14  
*grilled "Beyond Meat", house burger sauce, lettuce, tomato, red onion on a brioche bun*

**Grilled Salmon Burger** \$16  
*wild pacific salmon, tartar sauce, red onion, lettuce, tomato on a brioche bun*

**Chicken Club** \$16  
*grilled chicken breast, swiss cheese, bacon, avocado, lettuce, tomato, sundried tomato aioli on toasted sourdough*

**Crispy Chicken Caesar Wrap** \$15  
*crispy chicken tenders, bacon, romaine lettuce, asiago, house made caesar dressing on a flour tortilla*  
*+add Avocado | \$1.50*

**Reuben Sandwich** \$16  
*pastrami, dijon aioli, sauerkraut, melted swiss on rye*

**Fish and Chips** 2pc \$15 | 1pc \$11  
*pacific cod deep fried in a light batter with house cut kennebec fries, house slaw, tartar sauce*

### MAINS

*served with seasonal vegetables and choice of potatoes or rice*

**Chicken Asiago** \$20  
*panko breaded chicken breast, creamy béchamel sauce baked with white cheddar and asiago*

**Seared Salmon** **GF** \$21  
*seared wild pacific salmon topped with creamy dill sauce and crispy capers*

### DESSERT

**Crème Brulee** \$8

*Ask your server for today's dessert special*

**GF** - gluten free option