

BLUE OCEAN BAR & GRILL

~SPRING LIMITED MENU~



SOUPS

served with a warm bun

- Soup of the Day** bowl \$7 | cup \$5
Hearty Beef Stew \$12

SALADS

- West Coast Caesar Salad** \$19
~Our Signature Salad~ dressed romaine lettuce topped with prawns, scallops, tomato, candied pecans, pancetta, avocado, asiago and croutons
- Blue Ocean Mixed Greens** \$10
seasonal greens topped with tomato, cucumber, curly carrots, shaved beets, croutons and your choice of dressing

+add Grilled Chicken or Salmon | \$6 ea

SHARE PLATES

- Calamari** \$15
crispy fried calamari served with lemon and tzatziki
- Chicken Wings** \$16
one pound of crispy wings; choice of hot, salt and pepper, bbq, chili lime or honey garlic
- Yam Fries** \$8
served with chipotle aioli
- Margherita Flatbread** \$12
tomato, fresh basil and bocconcini cheese
- Chorizo Flatbread** \$16
spicy chorizo, diced chicken, caramelized onions and bocconcini cheese

HANDHELDS

served with soup, salad or fries

- Grilled Chicken Club** \$16
grilled chicken, lettuce, tomato, bacon, avocado and smoked cheddar on toasted multigrain bread
- Philly Cheese** \$14
tender sliced beef, sautéed onions and peppers, horseradish mayo and smoked cheddar on a ciabatta bun
- Blue Ocean Signature Burger** \$14
burger sauce, lettuce, tomato, red onion, pickle and smoked cheddar
+add Bacon | \$1

MAINS

- mains served with seasonal vegetables and choice of creamy mashed potato or basmati rice*
- Grilled NY Strip** \$25
8oz NY, grilled to perfection and topped with sautéed mushrooms
- Seared Salmon and Prawns** \$25
seared salmon and poached prawns topped with a chili lime sauce
- House Style Chicken Parmesan** \$23
panko breaded and topped with house sauce and melted cheese

